

Exapostilarion 1

Let us go up with the dis - ci - ples to the moun - tain in  
Gal - i - lee, in faith to be - hold Christ as He says:  
"All pow - er is giv - en un - to me in hea - ven and in earth."  
Let us learn to teach all na - tions, bap - tis - ing them in the Name  
of the Fa - ther, and of the Son, and of the Ho - ly Spir - it,  
and be with those made par - tak - ers in the mys - ter - y,  
as He prom - ised ev - en un - to the end of the world.

Glory...now and ever...

*(this "Glory" is inserted in like manner between all the remaining Exapostilaria/Theotokia)*

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,  
now and ev - er and un - to a - ges of a - ges. A - men.

## Theotokion 1

Thou didst re-joyce\_\_ with the dis-ci-ples, O Vir-gin Mo - ther of God,\_\_  
 see - ing Christ ris - en the third day from the tomb\_\_ as He said;  
 He ap-peared to them teach-ing them and re-veal - ing sub-lime\_\_\_\_\_ truths,  
 and com - mand - ing them to bap - tise in the Fa - ther, the Son, and the  
 Ho-ly Spir - it, that we may be-lieve in His Res-ur - rec - tion,  
 and glo - ri - fy Thee,\_\_\_\_\_ O\_\_\_\_\_ Maid - - en.

## Exapostilarion 2

The myrrh - bear - ing wo - men re - joyced\_\_ at see - ing the stone\_\_  
 rolled a - way; they saw a young man sit - ting with - in the tomb,  
 who said\_\_\_\_\_ to them: "Lo, Christ\_\_ is\_\_ ris - en;  
 tell the dis - ci - ples and Pe - - ter. Hast - en to the

moun - tain of Gal - i - lee, there He will ap - pear to you,  
as He fore - told His friends.

Theotokion 2

An an - gel brought the Vir - gin the sal - u - ta - tion  
be - fore Thy con - cep - tion, O Christ.  
An an - gel al - so rolled a - way the stone from Thy tomb.  
The one, in place of sor - row, brought to - kens of in - ef - fa - ble  
joy, and the oth - er, in place of death, pro -  
-claimed and mag - ni - fied Thee, the Giv - er of life,  
pro - claim - ing the Res - ur - rec - tion to the wo - men,  
and to those made par - tak - ers in the mys - te - ry.

Exapostilarion 3

Let no man doubt that Christ\_ has ris - en,  
 for He\_ ap - peared to Ma - ry and then was seen by the two  
 walk - ing in the coun - try. A - gain\_ He ap - peared to  
 the E - lev - en as\_ they sat at\_ meal and, hav - ing sent them  
 to bap - tize, was re - ceived up in - to heav - en  
 from whence\_ He\_ came, con - firm - ing their preach - ing  
 with a mult - i - tude of signs.

Theotokion 3

O Thou Sun, that shone\_ forth\_ o - ver the tomb to - day,  
 as a Bride - groom com - ing forth from the brid - al cham - ber  
 Van - quish - er of hell and De - stroy - er of death:

Thou hast sent us light by the in - ter - ces - sion of her that  
 bore Thee - light that has en - light - ened our hearts and souls,  
 light that has di - rect - ed us all to walk  
 in the paths of Thy com - mand - ments and the ways of peace.

Exapostilarion 4

Res - plen - dent with vir - tue, we see stand - ing  
 by the life - bear - ing tomb a man in shin - ing gar - ments,  
 while the myrrh - bear - ing wo - men bow down their fac - es to the earth.  
 Let us learn of the Res - ur - rec - tion of Him who reigns  
 ov - er heav - en, and let us hast - en with  
 Pe - ter to find Life in the tomb

and, mar - vel - ling at that which has come\_\_\_\_\_ to pass,  
let us re-main to\_\_\_ gaze\_\_\_ on Christ.\_\_\_\_\_

### Theotokion 4

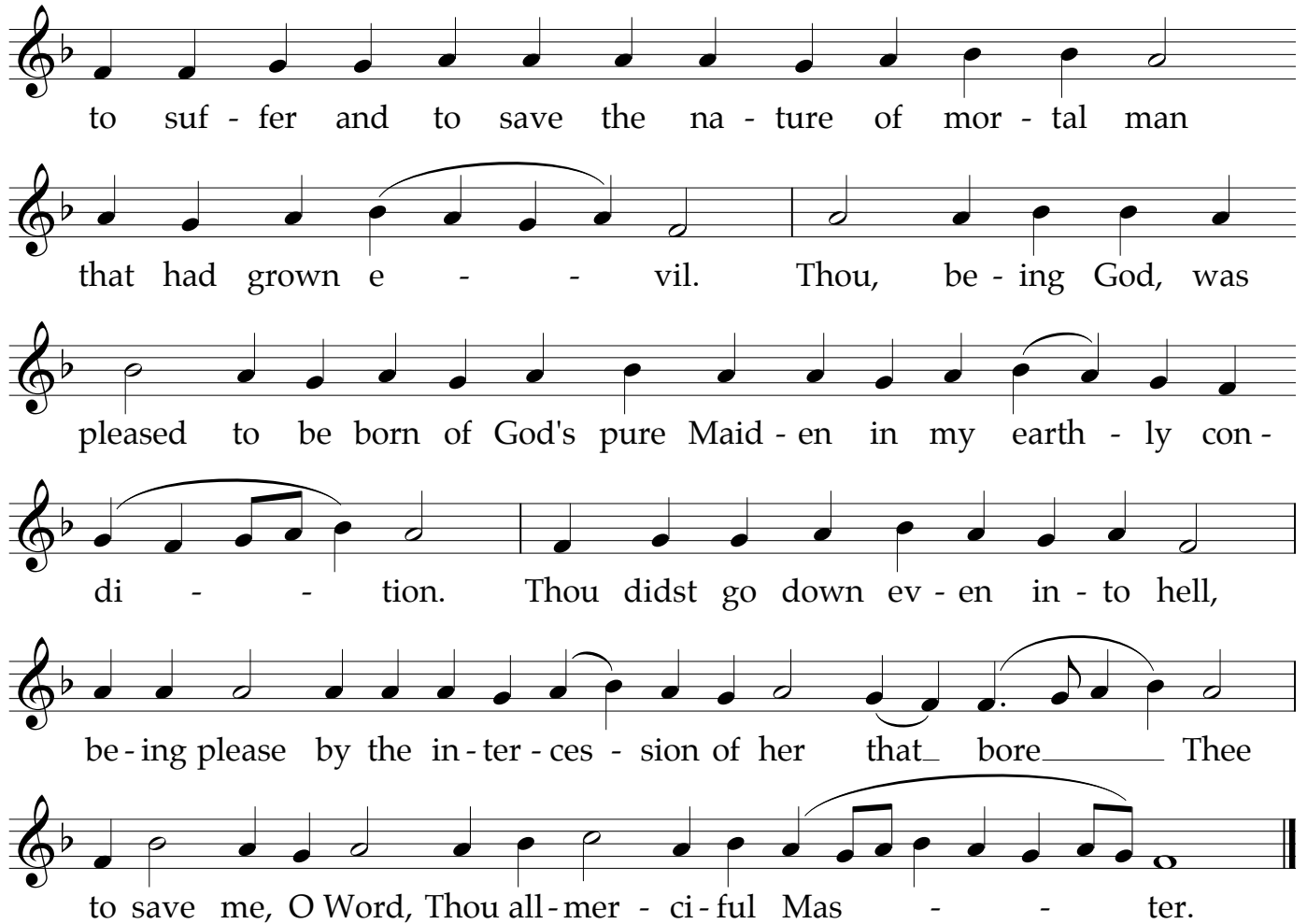
Spread - ing a - broad the joy - ful tid - ings,  
Thou, O Lord hast trans - formed the sor - row of our fore - fa - thers,  
bring - ing to the world in its stead the joy of Thy Res - ur - rec - tion.  
There - fore, Giv - er of Life,\_\_\_ through her who brought Thee forth,  
light\_ has en - light - ened our hearts. Do Thou send down up - on us  
the light of Thy mer - ci - es, that we may\_\_\_  
cry a - loud to Thee: Glo - ry to Thy Res - ur - rec - tion, O  
God\_\_\_\_\_ and man who\_ lov - est man - kind.

Exapostilarion 5

Christ, the Life and the Way, when He had ris - en from the dead,  
 walked with Cle - o - pas and Luke on their way,  
 and was made known to them at Em - ma - us in the break - ing of bread.  
 Their hearts burned with - in them when He spoke to them  
 on the way and in - ter - pre - ted to them the Scrip - tures  
 and the things He had suf - fered. Let us cry a - loud with them:  
 "He is ris - en, and has ap - peared to Pe - - - ter!"

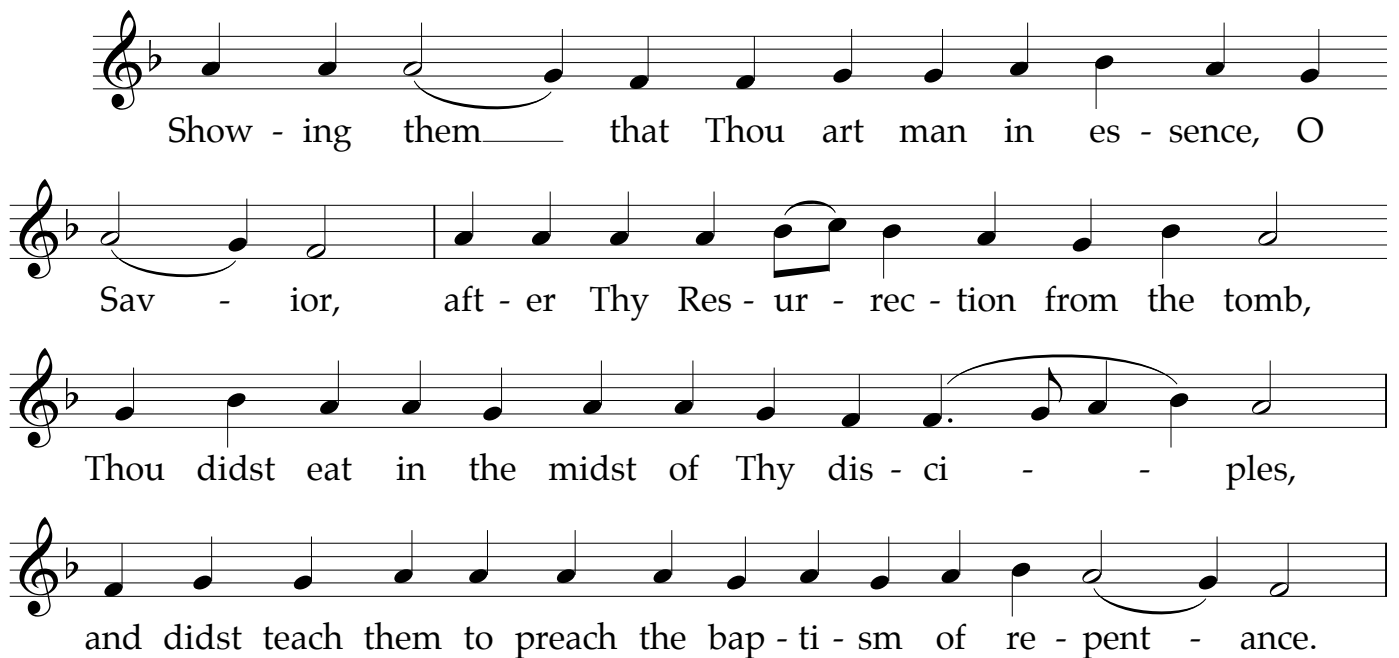
Theotokion 5

I sing the prais - es of Thy mea - sure - less mer - cy,  
 O my Mak - er, for Thou didst emp - ty Thy - self



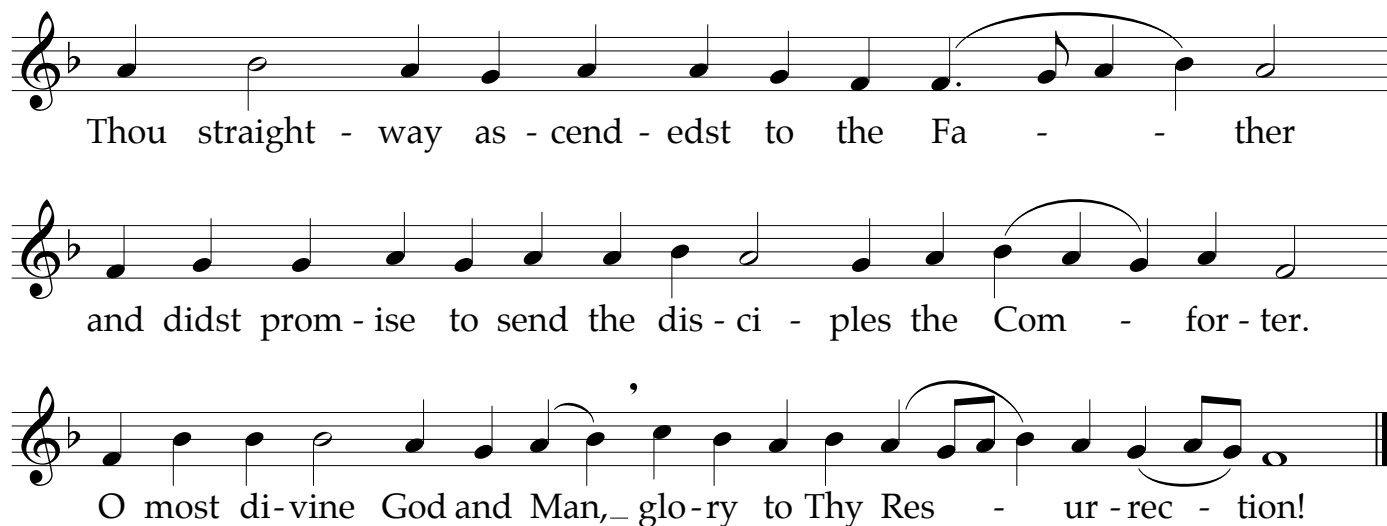
to suf - fer and to save the na - ture of mor - tal man  
 that had grown e - - vil. Thou, be - ing God, was  
 pleased to be born of God's pure Maid - en in my earth - ly con -  
 di - - tion. Thou didst go down ev - en in - to hell,  
 be - ing please by the in - ter - ces - sion of her that bore Thee  
 to save me, O Word, Thou all - mer - ci - ful Mas - - ter.

### Exapostilarion 6



Show - ing them that Thou art man in es - sence, O  
 Sav - ior, aft - er Thy Res - ur - rec - tion from the tomb,  
 Thou didst eat in the midst of Thy dis - ci - - ples,  
 and didst teach them to preach the bap - ti - sm of re - pent - ance.





Thou straight - way as - cend - edst to the Fa - - ther  
 and didst prom - ise to send the dis - ci - ples the Com - for - ter.  
 O most di - vine God and Man, - glo - ry to Thy Res - ur - rec - tion!

Theotokion 6



The Cre - a - tor of all things and God of all has  
 tak - en mor - tal flesh from thine un - de - filed blood, O all - ho - ly  
 Vir - gin, and has re - newed my cor - rupt na - ture,  
 leav - ing thee the same af - ter child - birth as thou wast be - fore.  
 There - fore we all praise thee with faith, cry - ing a - loud  
 Hail, Queen of the world!

Exapostilarion 7

When Ma - ry said that they had tak - en the Lord a - way,  
 Sim - on Pe - ter and the o - ther dis - ci - ple of Christ whom He loved  
 ran to the tomb, and they found the grave - clothes  
 ly - ing a - lone there - in and the nap - kin that had been  
 a - bout His head not with them but a - part.  
 They there - fore kept si - lence un - til they saw Christ.

Theotokion 7

Things great and ex - ceed - ing strange\_ hast Thou done for me,  
 O my most mer - ci - ful Christ, for Thou wast  
 in - ef - fa - bly born of a Vir - gin Maid - - en  
 and didst ac - cept the Cross and suf - fer death.

Thou didst rise a - gain in glo - ry to set our na - ture  
 free from death. Glo - ry to Thy glo - ry, O Christ;  
 glo - ry to Thy pow - - - er!

Exapostilarion 8

See - ing two an - gels in - side the tomb, Ma - ry was  
 struck with won - der and, not re - cog - niz - ing Christ,  
 she, sup - pos - ing Him to be the gard' - ner asked Him:  
 "Where, O Lord, hast Thou laid the bod - y of my Je - sus?"  
 Then see - ing at His voice that it was the Sav - ior Him - self,  
 she heard Him say: "Touch me not, tell the breth - ren  
 that I go to My Fa - - - ther."

### Theotokion 8

Thou, O Maid - en, didst in - ef - fab - ly bear  
 One of the Trin - i - ty, two by na - ture,  
 two in o - per - a - tion, One in Per - son.  
 En - treat Him then for us who ven - er - ate Thee with faith,  
 that we may ev - er be de - liv - ered from all the wiles of the  
 en - e - my, for we all now take re - fuge in Thee,  
 O La - dy and Mo - ther of God.

### Exapostilarion 9

When Thou didst en - ter through closed doors, O Mas - ter,  
 Thou didst fill the a - pos - tles with the Ho - ly Spir - it, gent - ly  
 breath - ing on them; and Thou didst say to them that

they would re - tain and re - mit sins;  
 af - ter eight days Thou didst show Thom - as Thy side and Thy  
 hands. With him we cry a - loud:  
 "Thou art our Lord and our God!"

Theotokion 9

As thou didst be - hold on the third day,  
 O Bride of God and most ho - ly Vir - gin,  
 thine own Son ris - en from the tomb,  
 thou didst set a - side all the af - flic - tion that thou en - dur - edst  
 as a mo - ther on be - hold - ing Him suf - fer - ing.  
 Thou wast filled with joy and, to - geth - er with

His dis - ci - ples, didst laud Him in song. O Mo - ther of  
 God, save those who thus con - fess thee.

### Exapostilarion 10

The Sea of Ti - ber - i - as a - fore time drew the sons of  
 Ze - be - dee, with Na - than - iel and Pe - ter,  
 two o - ther dis - ci - ples and Thom - - as,  
 to go fish - - ing. Cast - ing their net on the  
 right side of the ship at Christ's com - mand,  
 they drew in a mult - i - tude of fish. Pe - ter, re - cog - niz - ing  
 Him, cast him - self in - to the sea to go to Him.  
 This was the third time that He had ap - peared to them,  
 and He showed them bread and fish up - on the coals.

Theotokion 10

O Vir - gin, pray to Him who rose from the tomb  
 on the third day for the who praise thee and  
 bless thee with love. For we have thee as a  
 sav - ing re - fuge and a me - di - a - tor be - fore Him.  
 We have in - deed be - come thy her - i - tage and thy ser - vants,  
 O Mo - ther of God, and we all  
 look to thy pro - tec - tion.

Exapostilarion 11

Af - ter the di - vine Res - ur - rec - tion the Lord,  
 ask - ing Pe - ter three times: "Lov - est Thou me?",  
 made him the chief shep - herd of the sheep in His fold.

See - ing him whom Je - sus loved fol - low - ing a - long be - hind\_ Him,  
 he asked his Mas - ter: "What shall\_\_\_ this man do?"  
 "If I will," He said, "that he tar - ry til I come\_\_\_ a - gain,  
 what is that to thee, Pe - ter my friend?"

### Theotokion 11

O fear - some mys - te - ry! O\_ glo - rious won - der!  
 Death\_\_\_ is, by death, ut - ter - ly des - troyed.  
 Who then prais - es not Thy Res - ur - rec - tion, O Word?  
 Who then ven - er - ates\_\_\_ not the Mo - ther of God,  
 Who bore\_ Thee in pur - i - ty in the flesh? By her in - ter - ces - ions,  
 de - liv - er us all from Ge - hen - - - na.